

**AUTHORIZATION FOR RELEASE AND/OR  
EXCHANGE OF MEDICAL INFORMATION**

Patient Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Phone: \_\_\_\_\_

**I authorize Rockingham Memorial Hospital to use or disclose my health information as described below:**

**Release information to**  
Raymond J Alderfer MD PLC,  
110 Newman Avenue.  
Harrisonburg, VA 22801  
540-442-9900 (Phone); 540-442-9901 (Fax).

**Purpose of disclosure:** Patient request and Healthcare.

**Sensitive Information** including psychiatric care or psychiatric assessment, psychotherapy notes, and alcohol and/or drug abuse related information.

**The specific records/reports to be disclosed include:**

Transcribed Initial Psychiatric Evaluations from VBM chart, (5/1/06 – 3/29/13)

Dr. Alderfer's first Progress Note from the VBM chart.

Progress Notes from VBM chart (1/1/12 – 3/29/13)

Medication Log from the VBM chart

Psychiatric History and Physical Examinations for BHU (or MHC) and PHP (1/1/06 – 3/29/13)

Discharge Summaries for BHU or MHC (1/1/06 – 3/29/13) and

Psychiatric Consultations for RMH (1/1/06 – 3/29/13).

I understand that this authorization is voluntary. I understand that I can cancel this authorization by written request to Release of Information, Health Information Management Department, but it will not affect information that was released prior to notice of cancellation. I understand that this authorization will expire in 1 year from the date of my signature below; or until \_\_\_\_\_ (not to exceed 1 year). I understand that once my information is released, it may no longer be protected by federal privacy regulations. Alcohol, drug, HIV, ARC and/or AIDS information, if present, will be disclosed as I have requested above. I understand this information is protected by federal and state privacy laws and may not be disclosed without authorization, unless required or permitted by law. I understand that I will be charged for copies of medical records.

\_\_\_\_\_  
Patient Date of Authorization

\_\_\_\_\_  
Print Name Relationship to Patient

Mail this form to: RMH, Release of Information HIM Dept., 2010 Health Campus Drive, Harrisonburg, VA 22801 or Fax to: RMH, Release of Information, 540-564-7274.